



# Extended Leave

## While you're away, your benefits stay with you.

Get support for your well-being and your finances while you're away from work. This checklist shows you where you can find help during your extended leave. Download it and keep it with you so you can check things off as you go.



### Support during your leave



GET HELP WITH LIFE'S CHALLENGES



ACCIDENT OR ILLNESS?



FILE A DISABILITY CLAIM



GET HELP WITH YOUR BENEFITS



PAYING FOR YOUR BENEFITS

# Support during your leave

## GET HELP WITH LIFE'S CHALLENGES

Access free support, guidance, and practical tools anytime to deal with everyday challenges or more serious issues—24/7.

- Learn more: [One.Walmart.com/Lyra](https://One.Walmart.com/Lyra)
- Call: [800-825-3555](tel:800-825-3555)

## ACCIDENT OR ILLNESS?

If you're on leave due to a covered accident or illness, you may be eligible for a benefit payment if you enrolled in accident or critical illness insurance. Visit [Allstate](#) or call [800-514-9525](tel:800-514-9525).

- Learn more: [One.Walmart.com/Accident](https://One.Walmart.com/Accident)
- Learn more: [One.Walmart.com/Critical](https://One.Walmart.com/Critical)

## FILE A DISABILITY CLAIM

If you can't work because of injury or illness, disability coverage has your back with cash payments.

- Visit [mySedgwick.com](https://mySedgwick.com) or call [800-492-5678](tel:800-492-5678) for help or to file a claim
- Learn more about short-term disability: [One.Walmart.com/ShortTermDisability](https://One.Walmart.com/ShortTermDisability)
- Learn more about long-term disability: [One.Walmart.com/LongTermDisability](https://One.Walmart.com/LongTermDisability)

## GET HELP WITH YOUR BENEFITS

Questions about using your benefits while you're away? Give People Services a call: [800-421-1362](tel:800-421-1362).

## PAYING FOR YOUR BENEFITS

Your share of the cost for your benefits is normally taken out of your paycheck automatically. If you're away on leave, things work a bit differently.

- If you're on an approved short-term disability claim, the cost will be automatically deducted from your disability check or direct deposit in most states
- If you're on hourly short-term disability in California, Hawaii, New Jersey, New York, or Rhode Island, your disability payment won't be issued through Walmart, so you'll need to pay for your benefits yourself
- If you don't have an approved short-term disability claim, you'll need to cover your benefits payments yourself

### Here's how to make payments:

- Pay online through the Payment Portal at [One.Walmart.com/Enroll](https://One.Walmart.com/Enroll)
- Pay by phone at [800-421-1362](tel:800-421-1362)
- Mail payments to:

*Walmart People Services*  
Department 3001  
P.O. Box 1039  
Lowell, AR 72745

## BENEFITS IN DETAIL

See the [\*Associate Benefits Book\*](#) for additional information about your benefits and eligibility.

