

**We're here for you
and your household
24/7/365. It's free
and confidential.**



800-825-3555



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**Resources
for Living®**



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**Life is challenging.
Resources for
Living can help.**



**Resources
for Living®**





**Sometimes life can
be overwhelming.
That's why Resources
for Living is here.**



**From stress to
self-improvement,
we're here to help.**

With Resources for Living, you get:

- A team to help you find resources for things like childcare, finances, even home repairs.
- Unlimited phone counseling and up to ten in-person or video counseling sessions per issue.
- Legal and financial professionals who can coach you through budgeting, debt, identity theft, and more.
- A website with a wide range of tools, articles, and webinars to help you.

Reach out to us for help. Our services are free, confidential, and available 24/7/365. Call us today.

***“Resources for Living
helped me with my divorce.
They connected me with
childcare and support.
But most importantly,
they helped me feel like
myself again.”***



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